April 2025 Resident Program Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WILLOW	DINING ROOM	2220 BUILDING		
Dinner Orders: Call Between 7:30a-3:00p M-F Continental Breakfast 7:30a-10:30a Willow Rm 2150 Lounge	April Showers Bring May, Flowers	 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Trader Joe's Shuttle 	211-Lodge Wellness Expo (HL)1:001:001:00Drop-In Asian Mah-Jong & Scrabble (GR)1:30-Open Arts and Crafts Studio3:30(CAS)	3 DCF Cleaners Drop-Off/Pick-Up 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/Osco Shuttle 2:00 Current Events w/ Ron (GR) 7:15 BINGO! (GR)	4 Tide & Zengler Cleaners Drop-Off/Pick-Up 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN'S Luncheon (PB) 1:30 Open Bean Bags (LWP) 7:00 Movie Night: Colette (GR)	9am Barber & Beauty Salon Services <i>(by appt)</i>
6	7	8 Tide & Zengler Cleaners Drop-Off/Pick-Up	9	10 DCF Cleaners Drop-Off/Pick-Up	11 Tide & Zengler Cleaners Drop-Off/Pick-Up	12
1:30 Movie: HERE (New Release)	 10:00 Chair Yoga (LWP) 11:00 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-In Canasta (PG) 1:30 Suzanne Epstein PH.D Presents: Artist Renoir (GR) 	 9:00 Barber & Beauty Salon Services (by appt) 10:00 Dining & Events MTG (PR) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Sunset/ Dollar Tree Shuttle 2:00 Line and Chair Dance (LWP) 	 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:30 Book Club (FL) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio 3:30 (CAS) 	 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 10:00 <u>Resident Advisory Mtg (GR)</u> 2:00 Aldi/Target Shuttle 5:00 April Birthday Dinner (HL/SA) 	10:00Be Fit While You Sit (LWP)11:15Be Fit While You Sit (LWP)12:00MEN's Luncheon (PB)1:30Open Bean Bags (LWP)2:00Townhall Meeting w/ Cherie (HL)	9am Barber & Beauty Salon Services <i>(by appt)</i> Passover Begins
13	14	15 Tide & Zengler Cleaners Drop-Off/Pick-Up	16	17 DCF Cleaners Drop-Off/Pick-Up	18 Tide & Zengler Cleaners Drop-Off/Pick-Up	19
1:30 Movie: LAST VEGAS	1410:00Chair Yoga (LWP)11:00Knitters/Crocheters Club (CAS)11:30Balance & Action (LWP)1:00Drop-In Canasta (PG)1-4:00Dr. Wise, Audiology (LWP)1:30Northbrook Library Tech Presents: What is Artificial Intelligence -AI (WR)	9:00Barber & Beauty Salon (by appt)10:00Be Fit While You Sit (LWP)11:15Be Fit While You Sit (LWP)1:00Poker in the Pub (PG)2:00Trader Joe's Shuttle	 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Drop-In Asian Mah-Jong & Scrabble (GR) 1:30- Open Arts and Crafts Studio 3:30 (CAS) 1:30 Barry Bradford Presents: Best Movies about Baseball (WR) 	 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 11:00 Communion (PR) 2:00 Jewel/Osco Shuttle Board of Directors Meeting 	10:00Be Fit While You Sit (LWP)11:15Be Fit While You Sit (LWP)12:00MEN's Luncheon (PB)1:30Open Bean Bags (LWP)2:30Celebrate "Earth Day" Happy Hour (WR)7:00Movie Night: Precious (GR)	9am Barber & Beauty Salon Services <i>(by appt)</i>
20	21	22 Tide & Zengler Cleaners Drop-Off/Pick-Up	23	24 DCF Cleaners Drop-Off/Pick-Up	25 Tide & Zengler Cleaners Drop-Off/Pick-Up	26
1:30 Movie: MAMA MIA! HERE WE GO AGAIN Seaster Easter	10:00Chair Yoga (LWP)11:00Knitters/Crocheters Club (CAS)11:30Balance & Action (LWP)1:00Drop-In Canasta (PG)2:00Mind & Memory Fitness (LWP)	 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Julie Strauss PH.D: China: A Competitor or Adversary (WR) 2:00 Sunset / Dollar Tree Shuttle 	10:00Welcome Committee (PR)10:00Be Fit While You Sit (LWP)11:15Be Fit While You Sit (LWP)1:00Drop-In Asian Mah-Jong & Scrabble (WR)1:30-Open Arts and Crafts3:30Studio (CAS)2:00Seminar Age in Motion: Managing Stress w/ Powerback (GR)	 9-11:30 Allied "Ask a Nurse" (LWP) 10:00 Let's Step It Up (LWP) 2:00 Aldi/Target Shuttle 5:00 "Spring into Fun" Dinner (HL/SA) 7:00 Entertainment by Stevie Swing, Chicago's Sinatra & Rat Pack Crooner (HL) ★ 	 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 12:00 MEN's Luncheon (PB) 1:30 Open Bean Bags (LWP) 5:00 Shabbat Dinner by reservation (PR) 	9am Barber & Beauty Salon Services <i>(by appt)</i>
27 1:30 Movie: GET SMART	28 10:00 Chair Yoga (LWP) 11:00 Knitters/Crocheters Club (CAS) 11:30 Balance & Action (LWP) 1:00 Drop-in Canasta (PG) 1:30 Tim Wilsey Presents: The Life & Career of Gene Hackman (WR)	 29 Tide & Zengler Cleaners Drop-Off/Pick-Up 9:00 Barber & Beauty Salon Services (by appt) 10:00 Be Fit While You Sit (LWP) 11:15 Be Fit While You Sit (LWP) 1:00 Poker in the Pub (PG) 2:00 Trader Joe's Shuttle 	3010:00Be Fit While You Sit (LWP)11:15Be Fit While You Sit (LWP)1:00Drop-In Asian Mah-Jong & Scrabble (GR)1:30-Open Arts and Crafts Studio (CAS)	Event Locations: 2150 2150 Lounge (SA) Solstice Atrium (LWP) Live Well Pavilion (AR) Aspen Room (HL) Heron Landing Activities are subject to changes	<u>Event Locations: 2220</u> (PG) Pub & Game Room (WR) The Willow Room (PR) Pewter Room (GR) Great Room (CAS) Creative Arts Studio (PB) Plaza Bistro (FR) Florida Room	

Health & Wellness

Live Well Pavilion

Chair Yoga Mondays 10:00am

Be Fit While You Sit Tuesdays 10:00am & 11:15am

Wednesdays 10:00am & 11:15am

Fridays 10:00am & 11:15am

Let's Step it Up Thursdays 10:00am

Allied Care's "Ask A Nurse" Thursdays 9:00am- 11:30am

Vitality Checks with Powerback by Appt. Thursdays 11:00am- 1:00pm

Emergency Phone Number: (847) 513-9235

> Weekly Lunch Bistro: Call between 11a-1:30pm

> Sunday Bistro: Call between 9a-12:30pm (847) 739-2489

Continental Breakfast is served M-F 7:30a-10:30a in the 2220 Willow Room & 2150 Lounge.

> **Dinner Orders:** Call between 7:30a - 3:00p M-F. (847) 559-8700

April Programs & Events

The Lodge Health & Wellness Expo – All Welcome! Heron Landing Wednesday, April 2nd @ 11:00am-1:00pm

BINGO! Great Room Thursday, <u>April 3rd @ 7:15pm</u>

Current Events with Ron Mantegna Great Room Thursday, April 3rd @ 2:00pm

Suzanne Epstein PH.D presents "The Artist Renoir" **Great Room** Monday, April 7th @ 1:30pm

Line & Chair Routine Dance w/ Cheryl Kelly Live Well Pavilion Tuesday, April 8th @ 2:00pm

APRIL BIRTHDAY DINNER Heron Landing / Solstice Atrium Thursday, April 10th @ 5:00pm

Townhall Meeting w/ Cherie Heron Landing Friday, April 11th @ 2:00pm

Barry Bradford presents: Best Movies about Baseball Willow Room Wednesday, April 16th @ 1:30pm

"Celebrate Earth Day" Happy Hour! Heron Landing Friday, April 18th @ 2:30pm

Julie Strauss PH.D presents China: A Competitor or Adversary Willow Room Tuesday, April 22nd @ 2:00pm

Celebrate "Spring into Fun" Dinner Heron Landing / Solstice Atrium Thursday, April 24th @ 5:00pm

7:00pm Entertainment by Stevie Swing, Chicago's Sinatra & Rat Pack Crooner All Welcome! (HL)

Tim Wilsey presents "Life & Career of Gene Hackman" Willow Room Monday, April 28th @ 1:30pm

March Birthday Dinner



March "Luck of the Irish" Celebration



www.lodgeofnorthbrook.com Main Phone: (847) 559-8700





