

April 2025

# Tradition Times

Tradition Senior Living 8500 Tessman Farm Road, Brooklyn Park 55445 | 763-416-7740



## Tradition Staff

**Crystal Lerol** Business Office Manager  
763-203-8179 [lerolcrystal@traditionliving.org](mailto:lerolcrystal@traditionliving.org)

**Tracy Treanor** Life Enrichment Director  
763-203-8191 [tracy.treanor@traditionliving.org](mailto:tracy.treanor@traditionliving.org)

**Amber Abubo** Director of Culinary  
612-834-2010 [abuboamber@traditionliving.org](mailto:abuboamber@traditionliving.org)

**Allison Tang** Community Relations Director  
763-203-8169 [atang@traditionliving.org](mailto:atang@traditionliving.org)

**Billy Stubblefield** Maintenance Supervisor  
612-499-3306 [bstubblefield@traditionliving.org](mailto:bstubblefield@traditionliving.org)

**Konita Sasraku, RN** Director of Nursing  
763-425-2013 [ksasraku@traditionliving.org](mailto:ksasraku@traditionliving.org)

**Front Desk 763-416-7740**

**Kitchen 763-203-8182**

## Emergency Numbers

**After Hours Nursing**

**612-385-0693**

**After Hours Maintenance**

**612-499-3306**

## Hair Stylist – Patti

*Please call 651-829-5289 for an appointment*

## Massage with Jeanne

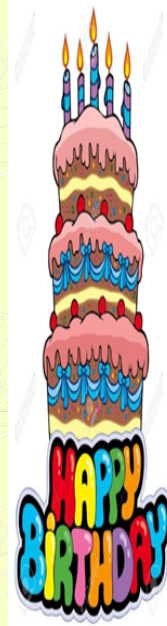
*Please sign up in the Community Room*

*The April winds are magical, and thrill  
our tuneful frames, the garden walks are  
passional to bachelors and dames*

*~ Ralph Waldo Emerson*

## April Birthdays

Henry H.	April 3 <sup>rd</sup>
Jane P	April 5 <sup>th</sup>
Dan V.	April 6 <sup>th</sup>
Mary Ann P	April 7 <sup>th</sup>
Nadine P.	April 10 <sup>th</sup>
Kay S.	April 12 <sup>th</sup>
Iris S.	April 17 <sup>th</sup>
Karen R.	April 19 <sup>th</sup>
Jim P.	April 20 <sup>th</sup>
Harold R.	April 20 <sup>th</sup>
Pastor Dan	April 26 <sup>th</sup>
Renee H.	April 28 <sup>th</sup>



Be sure to join us for our  
monthly birthday party in the  
community room on Friday,  
April 25<sup>th</sup> at 3 pm

## Resident Store

Check out all the fun stuff we  
have at our store. You are  
sure to find what you need!  
We are located on the 2<sup>nd</sup> Floor.



### Store Hours

Monday, Wednesday, Friday and  
Saturday 12:30- 3 pm

Run by residents – for residents

*In Loving  
Memory  
Char A*



## Curtis and Loretta Monday, April 7<sup>th</sup> 2 pm Dining Room



This folk duo features tight  
harmonies and lots of stringed  
instruments. This promises to  
be a toe tapping good time!

*Refreshments will be served*

## Illusions Glass Designs Wednesday, April 23<sup>rd</sup> 1-3 Lobby

Janey Beyer creates and sells  
her own jewelry using  
dichroic glass. Come on  
down to purchase pendants,  
earrings, bracelets or rings.  
You will love these  
handcrafted pieces of art!

## Veterans Service Officer Information

Monday, April 14<sup>th</sup>  
Community Room

Learn what benefits are available for  
veterans and their immediate  
families.

## Stations of the Cross

Friday, April 18<sup>th</sup> 1:30 pm  
Community Room



Please join us for this  
non-denominational  
practice. All are  
welcome.

## Easter Egg Hunt

There will be eggs hidden all over the building  
on Wednesday, April 16<sup>th</sup>. Make sure you are  
looking as the eggs will be filled with candy, free  
meal tickets and other surprises! There is no  
limit to how many eggs you can take, but please  
be mindful of other residents!



## It's time for Tradition's Community Garage Sale!

**Community  
Garage  
SALE**

The sale will be held in the  
Activity Parlor on May 14<sup>th</sup>  
and 15<sup>th</sup>. Please contact  
Judy (763-434-6098) with  
any questions. Please  
leave a message and she  
will return your call.

All proceeds will go to the  
Resident Council Garden Club.

## Understanding Medical Assistance and Waiver Programs

Wednesday, April 9<sup>th</sup>  
10 a.m. Community Room

Learn about program eligibility, income and eligible  
assets, and planning for long term care.







**Ladies' Tea**  
Wednesday, April 16<sup>th</sup>  
11 am  
Community Room

**Men's Group**

Wednesday, April 30<sup>th</sup>  
3:30 Community Room

Join us for a presentation on How to Use a Map and a Compass. We'll have some snacks and beer and lemonade.



**ARMCHAIR TRAVEL**  
**Meteora, Greece**  
Thursday, April 17th  
1:30 Community Room

Meteora means suspended in air which aptly describes Meteora's famous monasteries. Join us as we explore the sights and enjoy warm Greek hospitality known as philoxenia.

Refreshments will be served!



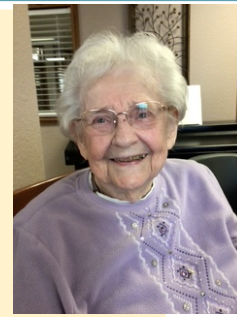
Cheryl H  
Sharon F  
Dennis B  
Ella M

Betty H



**Resident Spotlight – Carol S**

Carol was born in Wisconsin and moved to Minnesota when she was 17 to go to business school for secretarial work. Carol lived with a family for room and board. After graduation, she lived in a house of all women. Carol met her husband, Wally (Wallace), while working downtown. They were married and had two children – a boy and a girl. Her daughter is no longer with us and her son, Dean, visits often. Carol worked as a secretary for over 10 years at Cross of Glory Lutheran Church. Carol is a delight to chat with, and can often be found in exercise, trivia and other activities.



Lightening Round Questions –

Favorite Color – Blue

Favorite Season – Fall

Sweet or Salty – Salty

Favorite Food – Chicken Breast

Morning Person or Night Owl – Night Owl

Hobbies – Used to love to sew and embroider

Favorite Music – Anything by Frank Sinatra

First Job – Cleaning an elderly man's house when she was 12 or 13. She earned 50 cents a day.

**Lost and Found**

IF you find an item that is not yours, please bring it to the concierge desk on the first floor to be put in the LOST AND FOUND. If possible, please attach a note to the item telling where it was found.  
Thank you!

**Excursions**

**Restaurant Outing**  
**Dick's Bar and Grill**  
Monday, April 14<sup>th</sup>  
11 AM



This is your attitude adjustment place! Dick's burgers are the best in town, the service is top-notch, and it's got a wonderful laid-back atmosphere.

**Shopping Trips**  
Wednesdays in April

We go to Target, Cub, Walmart, Festival and the Dollar store. Check your calendar for specific dates and times. Please sign up early as space is limited.



**APRIL MOVIES**

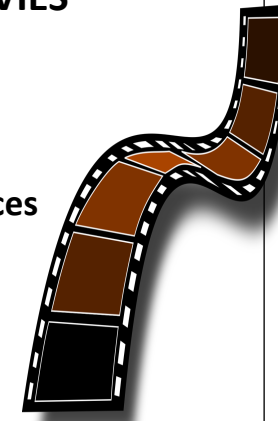
Sunday, April 6<sup>th</sup>  
For Richer or Poorer

Sunday, April 13<sup>th</sup>  
The Mirror Has Two Faces

Sunday, April 20<sup>th</sup>  
Cider House Rules

Sunday, April 27<sup>th</sup>  
Yours, Mine and Ours

All movies are in the  
Community Room



**Monthly Resident Meeting**  
Thursday, April 3rd  
2:00 pm Dining Room

We have resident meetings on the first Thursday of each month. Department Heads and our Resident Council are on hand to update you and answer any questions.

All residents are encouraged

**From the Kitchen**



- Be on the look out for our new Spring Bistro Menu. They are available upon request in the dining room.
- **Rib Night** is April 18<sup>th</sup>. While we will never turn you away, if you know that you are going to be coming to Rib Night, please sign up in the community room.
- **EASTER** is Sunday, April 20<sup>th</sup>. Dinner will be served at 12 pm. Holiday Guest Price is \$16. There will be a cold box lunch delivery at 3 pm for those on the lunch plan. If you are not on the lunch plan, but would like a late meal delivery – please sign up in the dining room
- Our Private Dining Room is available for private parties. In addition, you can reserve a table in the regular dining room if you are having outside guests. Both are available **FREE OF CHARGE**. Just call the kitchen at 763-203-8182 and we'll take care of you.

**Thank you!**

**Chef Amber**

**Culinary Director**

